

Kids back at school? Time for a new routine?

Take control of your health and fitness

1

Make a Decision

Make a Plan

2

3

Commit to your Plan

Reward Yourself

4

Special
Offer £99
3 Month
Membership



"Unless commitment is made, there are only promises and hopes... but no plans." **Peter F. Drucker**



Call: **01327 358535** or email: **memberships@workingbodies.co.uk**

Start today – our team will be with you every step of the way

Find us at: Bell Plantation, Watling Street, Towcester, Northants, NN12 6GX